

GREATER DFW

# Things to Do

FEBRUARY  
2026

## Date Night

It's February which means Valentine's Day! Book your reservations early if you plan on going on a special dinner that day or look for a special recipe to try at home with your loved one.

[brit.co/valentines-day-dinners-recipes](http://brit.co/valentines-day-dinners-recipes)

## Superbowl LX

It's America's favorite day to watch football, commercials and eat tailgate food. [nfl.com/super-bowl](http://nfl.com/super-bowl)

## How Sweet

Time to get out the baking supplies and create some sweet treats with the family. Decorating heart cookies is fun and tasty!

[marthastewart.com/1166214/iced-heart-cookies](http://marthastewart.com/1166214/iced-heart-cookies)

## Get Heart-Healthy

February is American Heart Month. If you didn't get on the new year's healthy living bandwagon, this month is a great time to start. Take care of your body by creating heart-healthy habits.

[heart.org/en](http://heart.org/en)

## Dallas Blooms

Explore 500,000 bulbs at the Dallas Arboretum and Botanical Garden, including 350,000 tulips, hyacinths, and daffodils. The garden transforms into a burst of color, with azaleas and cherry trees. This year's theme, 'Dallas Blooms: Outside the Ordinary,' brings larger-than-life living selfie walls for a fun photo experience!

[dallasarboretum.org/events-activities/dallas-blooms](http://dallasarboretum.org/events-activities/dallas-blooms)

## Frost Fest in Irving

Head out to Frost Fest on Saturday, February 21st, for a fun-filled day of winter activities without the freezing rain and slick roads. Enjoy snow-tubing hills, snow play areas, interactive inflatables, caricature art, face painters, balloon artists, and free train rides. Plus, browse food vendors and crafts and take plenty of photo opportunities to capture the fun!

[irvingtexas.com](http://irvingtexas.com)

## Prosper Fishing Derby

Kids ages 14 and under can join the annual Prosper Fishing Derby—a fun, laid-back competition perfect for young anglers!

[prosper.tx.gov/566/Prosper-Fishing-Derby](http://prosper.tx.gov/566/Prosper-Fishing-Derby)



## Fort Worth Music Festival & Conference

February 26th – March 1st

The Fort Worth Music Festival & Conference is a premier event celebrating live music and connecting artists, industry professionals, and fans through performances, workshops, and networking opportunities in Fort Worth.

[fortworthmusicfestival.com](http://fortworthmusicfestival.com)



## Shriners Children's College Showdown

Kick off the 2026 college baseball season at Globe Life Field this February! Watch powerhouse teams in action at the Shriners Children's College Showdown. Don't miss Arkansas, Oklahoma, Oklahoma State, TCU, Texas Tech, and Vanderbilt for the fourth-annual showdown!

[shrinersshowdown.com](http://shrinersshowdown.com)

## MillHouse ArtFest

Warm up at the Winter indoor juried art festival at McKinney Cotton Mill on February 14 - 15, 11 am-5 pm. Explore art by 70+ local artisans amid century-old architecture. Discover acrylic, oil, watercolor, pottery, jewelry, and more. The spacious venue offers room to browse, shop, and relax. Enjoy coffee, tea, pastries, and sandwiches at White Box Roastery.

[millhousefoundation.org/artfest](http://millhousefoundation.org/artfest)

## Write a Love Note

This task doesn't have to be for a spouse. Think about the people in your life who could use a small dose of appreciation and write them a letter. Handwritten notes will always be an easy way to show love.

## Smoothie Time!

Keep those New Year resolutions going strong by blending up vibrant, healthy smoothies! Experiment with fun recipes and discover your new favorite way to fuel your day—delicious and nutritious never tasted so good.

[prevention.com/food-nutrition/a20499756/20-super-healthy-smoothie-recipes/](http://prevention.com/food-nutrition/a20499756/20-super-healthy-smoothie-recipes/)

## Prep the Deck

While it's cool outside, get your back deck ready for spring. Refinish any wood.



Independence  
Title

[IndependenceTitle.com](http://IndependenceTitle.com)