

GREATER HOUSTON

Things to Do

JANUARY
2026

Get Your Yearly Budget in Order

Plan ahead this year and take a few minutes to get your yearly budget done. If you've never created one, there are many resources online to help.

nerdwallet.com/article/finance/how-to-budget

Taste of the Town

Indulge in The Woodlands' culinary delights and neighboring areas at this annual January event. Delight in tantalizing appetizers, entrees, and desserts from numerous top-notch establishments, satisfying every foodie's palate with diverse flavors from the bars and restaurants involved.

woodlandschamber.org/tasteofthetown

Start a New Workout Routine

If it's been a while since you were regularly active, now is the time to create some healthy habits. If you've been working out regularly, maybe it's time to freshen up your routine. New Year, New You!

mayoclinic.org/healthy-lifestyle/fitness/in-depth/fitness/art-20048269

Repticon Houston

This family-friendly expo features reptiles, amphibians, and exotic pets. Visitors can see live animals, shop for supplies, and enjoy educational demonstrations and interactive experiences.

repticon.com/texas/houston

Martin Luther King Jr. Grande Parade

The 48th Annual MLK Parade in Houston, TX, in January 2026 will celebrate Dr. Martin Luther King Jr.'s legacy with vibrant floats, marching bands, performers, and community groups in Downtown Houston. A festive, family-friendly event honoring unity and equality.

blackheritagesociety.net

Cozy Up With A Good Book

Cold weather pairs perfectly with a good book. Pick something fresh you've wanted to read, or even re-read an old favorite. You can't go wrong when it's chilly outside.



Yaga's Chili Quest, Beers & Cheers

January 16- 17, 2026

Chili Quest offers more than just Chili & Beer tasting—it includes Chili Sampling, live music, a 5K Fun Run/Walk, washer pitching, a margarita contest, vendors, and a historical strand merchant walk-about.

yagaschiliquest.com

NCAA National Championship Game

On January 19th the NCAA National Championship football game will be played. If you are a sports fan, you won't want to miss this.

collegefootballplayoff.com

Give Back

Start your year off on a positive note and volunteer at a local charity. Volunteering tends to die down after the holidays. Let's make 2026 the best year yet. Give back to your community each month, not just at the beginning of the year.

volunteerhouston.org

Meal Prep

Eat better this year by taking control over what you eat on the go. Make time to learn new healthy recipes and ways of creating meals to-go.

goodhousekeeping.com/food-recipes/a28377603/how-to-meal-prep/

Chevron Houston Marathon

This annual race includes 26.2-, 13.1-, and 3.1-mile runs, attracting thousands of runners and spectators.

chevronhoustonmarathon.com

Go Ice Skating

Stay in the winter spirit, do something most Texans don't regularly do, and go ice skating. Get the family out for a day of fun.

houstoniamag.com/arts-and-culture/best-ice-skating-rinks-houston



Prep for the Cold

Check your winter weather preparedness by examining your house just in case we have a wild winter as we have in recent years. If the power goes out, you will be ready.

saoempprep.com/Portals/0/Files/WinterStorm/Winter-Weather-Preparedness-Guide-en.pdf

Learn to Make Mocktails

If you are taking part in dry January, try out one of these interesting mocktail recipes.

bonappetit.com/gallery/best-mocktail-recipes



Independence
Title